

# TANZANIA

CMS missionaries teach at Munguishi Bible College in Tanzania. They help Tanzanian church leaders to become more like Jesus—by praying and reading his word, and learning to give talks and they make disciples just like Jesus' faithful followers in the Bible. They are poor but actually rich because they love Jesus.

## 

*Chipsi Mayai* means chips and eggs in Tanzania. It is a popular street food that's served with kachumbari, a salad made up of sliced tomatoes and onions. Here's a recipe so you can try it out yourself! Ask an adult for help with the stove.

### **RECIPE:**

#### You will need:

500g oven chips (cooked to packet directions) 2 eggs, lightly beaten with a dash of milk 1 tbs chopped coriander Salt and pepper to taste 1/2 tomato, diced 1/4 red onion, sliced

#### Method:

- 1. Heat up some butter or oil in a frying pan.
- 2. Mix together the egg, coriander, salt and pepper.
- 3. Put the cooked chips in the frying pan and pour in the egg mixture.
- 4. While the omelette is frying, prepare the kachumbari by combing the tomato and onion together. Enjoy while it's still hot!



#### Did you know?

Tanzania is home to the Great Wildebeest Migration which sees over two million animals travel across the plains of this country in search of pasture. a e i o u i

#### Fun fact:

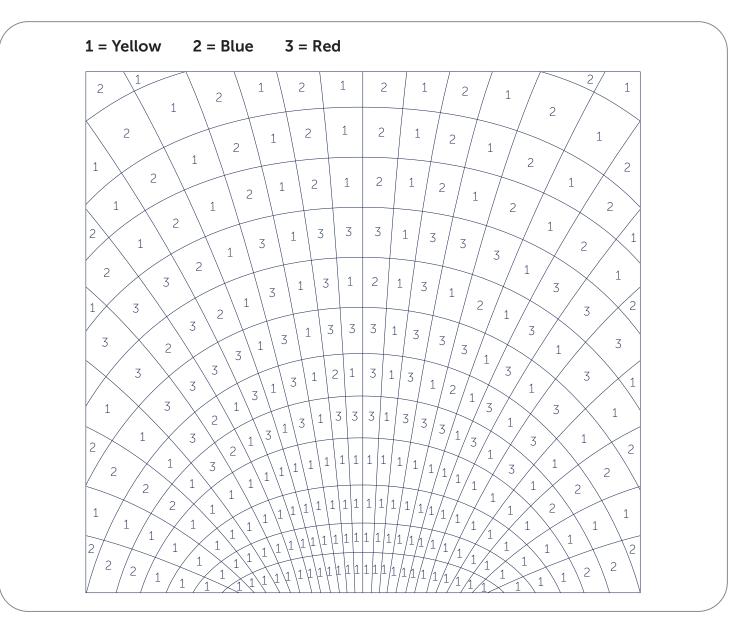
In Swahili, every word ends in a vowel. Wowee!

# 

Name:

### BIBLE CHALLENGE

The artwork below has a word from **Mark 16:5-7** hidden in it – this word is the main message. See if you can find out what the word is by colouring each tile according to its number.



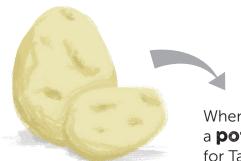
### PRAY

#### Thank God

that many Tanzanian church leaders have come to learn to look after their churches well.

#### Ask God

to make CMS missionaries and their children faithful followers of Jesus all their lives.



Whenever you eat a **potato**, pray for Tanzania!