



HOW TO RUN A PRAYER BREAKFAST

Prayer breakfasts are an excellent way of getting people together, informing them about what God is doing in the world and – most importantly – to pray. Often a missionary or one of the CMS staff will speak about their work or the broader work of CMS.

Note: a prayer meeting can work without food (i.e. just with prayer). See the ‘other ideas’ section below.

Running the meeting

The purpose of the meeting is to have people praying. Everything that is done is to serve this purpose.

Before the meeting

1-2 months before	<ul style="list-style-type: none"> organise a date and place to meet 	
	<ul style="list-style-type: none"> organise a missionary speaker* telling them what you would like them to do, how long you want them to do it and what resources are available (i.e. an overhead projector, DVD player) 	
1 month before	<ul style="list-style-type: none"> advertise the meeting 	
2 weeks before	<ul style="list-style-type: none"> organise people that can help on the day with set-up, food preparation, and clean-up 	
1 week before	<ul style="list-style-type: none"> purchase the food 	

On the day

1 hour before		<ul style="list-style-type: none"> set-up the hall/room and do the food preparation (this will often take longer than planned, especially the first time) 	
During (90 min)	5 min	<ul style="list-style-type: none"> start by giving thanks to God for the food, the freedom to meet and the freedom Christians have in praying 	
	30 min	<ul style="list-style-type: none"> Eat. Depending on the menu eating could take 30 minutes. 	
	15 min	<ul style="list-style-type: none"> After people have taken coffee/tea to their seats the missionary speaks for 10-20 minutes. 	
	35 min	<ul style="list-style-type: none"> Spend time praying. Either the missionary will have prayer points, or you could use the “what to pray for” sheet for ideas. 	
	5 min	<ul style="list-style-type: none"> Draw time to a close. Thank people for their participation. Advertise the next meeting. 	
After		<ul style="list-style-type: none"> Pack up and farewell. 	

Other ideas

- get another local church involved as well to combine the groups
- run the meeting at another time – at night or during the day on the weekend (ie have a prayer supper, or prayer 'brunch')
- read the "starting a Mission Prayer Group" article for more ideas
- if your Link Missionary is in the field you could organise a phone link up, or CMS may have a DVD which features their work.
- Prayer meetings can be run in your church home groups. Use the CMS Bible study on Prayer and a missionary DVD to provide stimulus for prayer.

CMS has missionaries available who can speak at your prayer meeting. They don't need to be your link missionaries. They also have several staff members who can do this. To organise this contact the Missionary Deputation Secretary at CMS.